









Bringing Back Book Club: A Transformational Leadership Journey

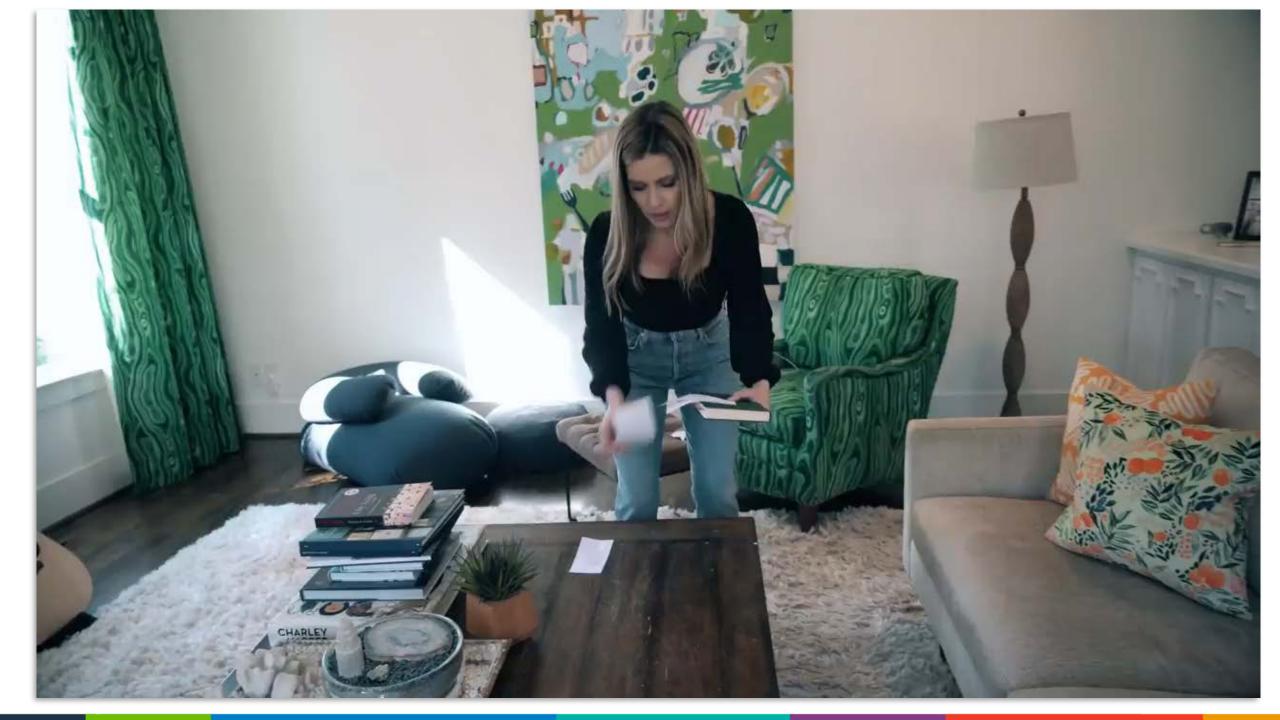
Book Club Facilitators

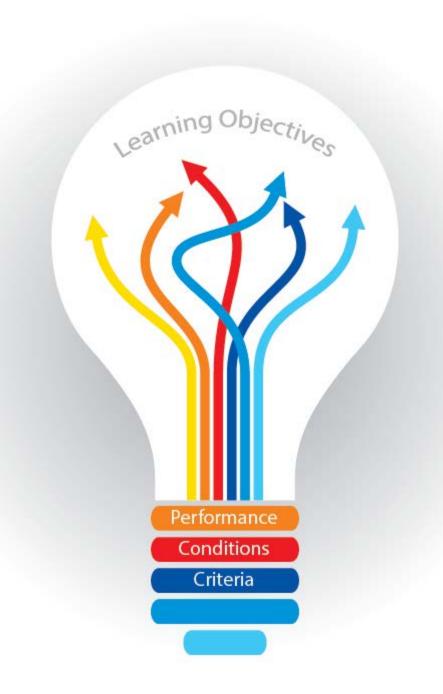


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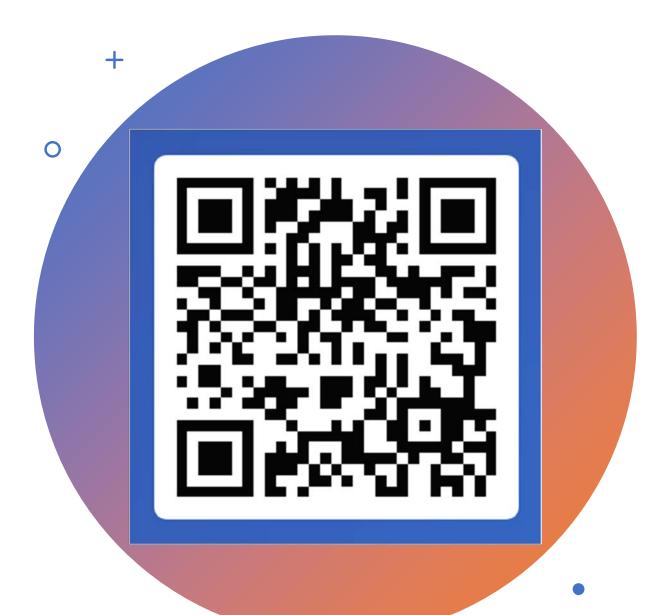
No Disclosures to report.





Objectives

- Discuss the journey at our institution and how Book Club originated.
- Review shared challenges faced by GME leaders and the need for innovative, effective, yet efficient leadership development.
- Explain refinements of Book Club as it has evolved.
- Participate in a Mock Book Club and discuss the experience.
- Review our "Lessons Learned."



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Which Generation Are You In?



Please share a current, significant leadership challenge you are facing.



Have you ever participated in a Book Club?



In one word, what are your current thoughts about Book Clubs?

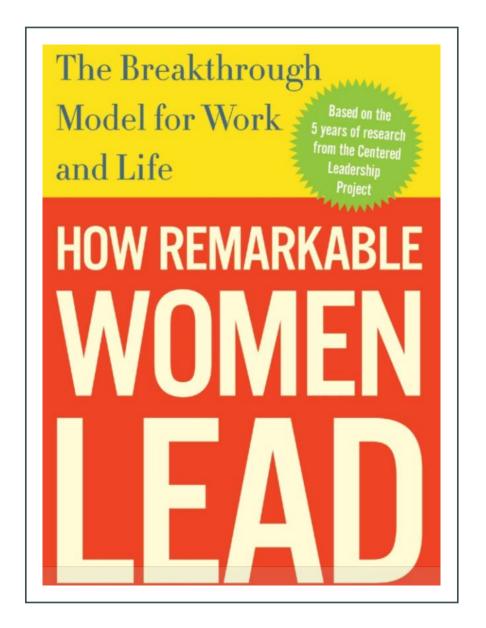


The Evaluation of American Book Clubs

- 1634: Anne Hutchinson organized a women's group to examine weekly sermons.
- 1727: Benjamin Franklin organized a prominent Philadelphia literary society called the Junto.
- 1866: Sarah Atwater Denman founded the Friends in Council, the oldest continuous literary club in America.
- 1875: Sir William Osler established the first formalized journal club at McGill University.
- 1926/1927: Mail-order "Book-of-the-Clubs" are established.
- 2022: More than 5 million Book Club members in the United States.

Why Create a Workplace Book Club?

- Book Clubs make it easier to commit to regular reading habits and foster life-long learning, sparks professional development.
- Team members engage in diverse content which provides a better understanding of diverse perspectives.
- Book Clubs build camaraderie and reinforces relationships.
- Book Clubs builds confidence because team members are given the opportunity to step up and practice leadership roles; for example, leading the group discussion.
- Team members learn new concepts and can implement new practice habits.









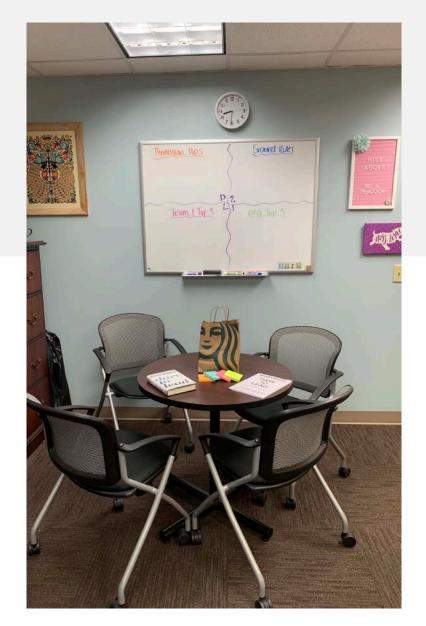


Our Leadership Journey

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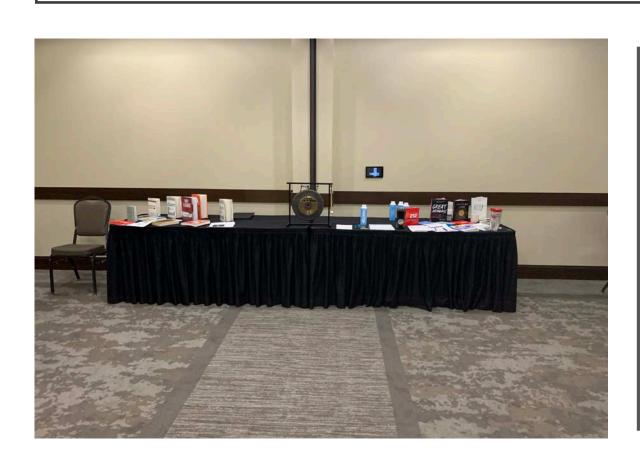
Our Team's Feedback

- "Increased trust and transparency."
- "Not only did we learn something from the book, we also learned about people on our team."
- "As a new team member, I discovered I had a lot in common with others on the team."

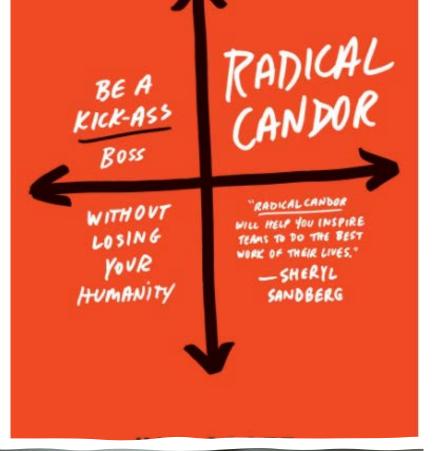


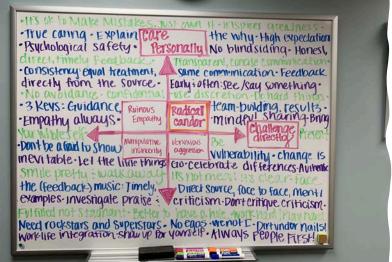
Brené Brown aare leaa DARING GREATLY AND RISING STRONG AT WORK

Our Hospital's Book Club Journey









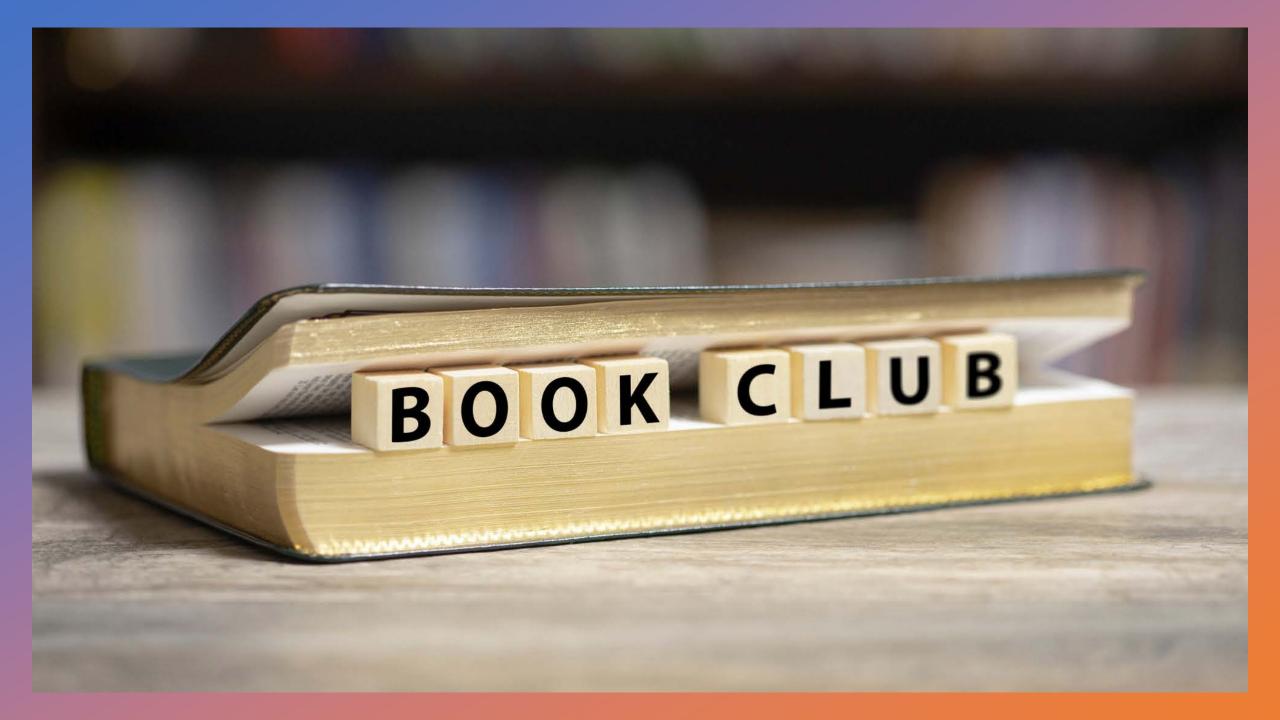
Where to Begin?

- Establish team member interest.
- Decide on the Book Club Topic/Purpose; and select the right book.
- Obtain enough book copies.
- Establish a manageable reading schedule.
- Make Book Club a priority; dedicate and block the team's time.
- Designate a facilitator, so they can probably prepare.
- Buy Snacks.

Ground Roles of Book Club

- Come to Book Club prepared, do the preparation work and reading.
- During the dedicated Book Club time, limit distractions, unplug and pay attention.
- Be Respectful, agree to disagree.
- Protect the disclosures that others may make.
- Facilitator Rule: Control dominate personalities, make sure that everyone who wants to speak up has time to do so.
- Facilitator Rule: Keep on topic, relevant sidebars are fine, but avoid tangents.









Minutes

Seconds

How to Facilitate a Great useless, planning Play 4 Agile is indespensible." Session by - Eisenhower Ilya Preuß GO WITH THE! Feels like a conversation use their language (no new terms) Everyone who "What would happen wants to be

Lessons Learned



- Do not reinvent the wheel; use the tools and resources provided.
- Make Book Club a priority; once scheduled, place calendar holds.
- Consider logistics and timing when scheduling.
- Book Club must be a "No Phone Zone."
- It's okay if the selected book "flops."
- Consider Size, Group Dynamics, etc.

Looking Forward







Virtual Book Club versus In-Person Book Club



Team/Shared Facilitation



Podcast Club



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